

Tips for Sunless Tanners

pre and post spray tanning suggestions

Preparing for a Spray Tanning Treatment...

Exfoliating with a non-oily scrub is essential to gently remove dead skin cells and even out skin's surface. This step will ensure that your skin is perfectly primed for your spray tan application. We suggest using **Desert Mineral Detox Body Scrub** before sunless tanning.

What to Avoid BEFORE your Appointment:

- ✓ Exfoliating products that leave the skin excessively oily (such as salt scrubs) should be avoided.
- ✓ Make sure that all lotions, creams, deodorants, makeup and other toiletries are removed from the skin before a treatment. If these products are left on the skin, discoloration and uneven results can occur. Also, consider using triple action (cleanse, exfoliate, pH balance) **SluffWIPES** moments before a tanning application to ensure the best possible results. You can apply deodorant after your spray tan.
- ✓ Shaving should be done at least a day prior to tanning. Waxing should be done a few days before your tan. Replace shaving razor blades. Old, dull shaving blades can strip your tan and cause uneven fading.
- ✓ All jewelry should be removed before treatment. Tight fitting jewelry, such as watches or rings, should not be worn until after showering.

What to Wear to Your Appointment:

Wear dark, loose clothing and shoes to your appointment - think about sweats or a sun dress. Tight fitting clothing can botch tanning results. Plan not to get wet, exercise or perspire for at least 4-6 hours after your tan. After showering, normal activities may be resumed. NOTE: You will see some color washing off the first time you shower - don't be alarmed - this is just the color guide. Your sunless tan will continue to develop for up to 48 hours. If you want to go darker, we recommend using **Ultimate Tan Refreshment** for an extra shade of darkness with each application.

Attire for Tanning:

Make certain to bring a dark-colored bathing suit (avoid light colors as they can stain). Most tanning mists wash out of clothing very easily, but tend to stain light nylon and other light synthetic materials. If you do not have an appropriate bathing suit, disposable bras, thongs or panties may be provided for the treatment - check with the salon/spa.

Caring For Your Spray Tan:

Properly caring for your sunless tan is essential to it's longevity and beauty. Extended Vacation products ensure your tan looks its best from day 1 thru day 7+.

Caribbean Smoothie Body Cream: The Best Daily Moisturizer for Sunless Tan Maintenance.

Ultimate Tan Refreshment: Extends & Darkens Sunless Tans Like no Other Product!

Desert Mineral Detox Body Scrub: Preps Skin for Tanning & Ensures a Smooth/Even Fade.

Moroccan Mineral Facial Tanner: Mistake Proof Anti-Aging Facial Tanner with Natural Mineral Tint.

Moroccan Mineral Dark Tan Lotion: Very Dark Self Tanning Lotion for Home & Travel Tanning.

SluffWIPES: Cleans & Exfoliates skin in 60 seconds... When There is No Time to Shower.



EXTENDED VACATION

Ensure your tan looks its **BEST** from Day 1 to Day 7+

Recipes for Sunless Success:

Sunless Regimen for each Skin Type!

Fair Skin / Types I-II

(Skin burns with UV exposure, never tans):

- 1 Time per Week: Spray Tan or Moroccan Mineral Dark Self Tanner
- 1-2 Times per Week: Desert Mineral Detox
- 1-2 Times per Day: Caribbean Smoothie Body Cream
- 1 Time per Week: Ultimate Tan Refreshment

Light-Medium Skin / Types II-III

(Skin tans minimally, burns moderately with UV exposure):

- 1 Time per Week: Spray Tan or Moroccan Mineral Dark Self Tanner
- 2-3 Times per Week: Desert Mineral Detox
- 1-2 Times per Day: Caribbean Smoothie Body Cream
- 2-3 Times per Week: Ultimate Tan Refreshment

Medium-Dark Skin / Types III-IV

(Burns minimally, tans well with UV exposure):

- 1-2 Times per Week: Spray Tan or Moroccan Mineral Dark Self Tanner
- 2-3 Times per Week: Desert Mineral Detox
- 1-2 Times per Day: Caribbean Smoothie Body Cream
- 3-4 Times per Week: Ultimate Tan Refreshment

TIP: Faces typically fade first. Try Moroccan Mineral[®] Facial Tanner for a Toasty & Natural color that you will LOVE!

EXTENDED VACATION[®]

What to Avoid AFTER Your Tanning Mist Application...

Skin Care – What to AVOID:

- Retin-A and Skin bleaching products
- Acne or skin products containing benzoyl peroxide, salicylic acid, alpha hydroxy acid (AHA's), beta hydroxy acids (BHA's), malic or lactic acid
- Toners & Serums containing alcohol or witch hazel
- Microdermabrasion
- Facial scrubs, masks and strips

Body Care – What to AVOID:

- Wash cloths, loofahs and loofah gloves
- Body moisturizers and shower gels that contain petroleum or mineral oil bases
- Soaking in salt water (ocean), chlorine (hot tubs and pools) or warm baths can rapidly exfoliate your tan. Do not rub your skin with a towel after bathing – pat dry only

Hair Removal – What to AVOID:

- Waxing
- Hair-inhibiting lotions or creams
- Depilatory hair removers
- Body hair bleaching
- Dull razor blades

General Information:

Though rare, a sunless tan may develop differently during various hormonal cycles (ovulation, menstruation, or even heightened stress)... tans may develop lighter in color or may fade unevenly in rare cases.

When showering, you may notice color washing off your skin. Rest assured, this is just cosmetic bronzer, not your tan! After showering, the skin will continue to deepen in color for up to 48 hours!

Remember, sunless tanning products do not protect against sunburn... use of a sunscreen is strongly recommended!

Did you know?
Each application of Ultimate Tan Refreshment will DARKEN your tan up one whole shade!

Call us today to make your next spray tan appointment!

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